



Malattia da Virus Ebola (MVE) Consigli per il viaggiatore IN ARRIVO

In alcuni Paesi dell'Africa Occidentale (Guinea, Liberia, Nigeria, Sierra Leone) sono in corso epidemie di Malattia da Virus Ebola (MVE)

L'infezione è altamente trasmissibile:

- per contatto diretto con sangue o altri fluidi corporei di persone o animali infetti, deceduti o viventi
- per contatto con oggetti contaminati da fluidi corporei infetti.

Le persone che sono state a contatto diretto con i fluidi corporei di una persona o di un animale infetti, malati o morti, possono essere a rischio di aver contratto la malattia.

I sintomi comprendono febbre, debolezza, dolori muscolari e mal di gola, seguiti da vomito, diarrea, eruzione cutanea e in alcuni casi sanguinamento

Si consiglia di :

prestare attenzione al Suo stato di salute per 21 giorni dall'arrivo in Italia dai Paesi affetti da MVE.

Se durante questo periodo dovesse manifestare sintomi, quali: febbre, debolezza, dolori muscolari e mal di gola, seguiti da vomito, diarrea, eruzione cutanea, si raccomanda di consultare telefonicamente il proprio medico di fiducia, informandolo del recente viaggio.

**Per ulteriori informazioni è possibile contattare
Azienda Sanitaria Locale del luogo di residenza**



Ebola Virus disease (EVD) Health Advice for INCOMING Travellers

Outbreaks of Ebola and imported cases of the disease have been occurring in West Africa (Guinea, Liberia, Nigeria, Sierra Leone).

The infection is highly transmissible:

- by direct contact with infected blood or other bodily fluids of dead or living infected persons and animals
- through objects that have been contaminated with infected bodily fluids.

Persons who come into direct contact with body fluids of an infected person or animal, ill or dead, are at risk for the EVD.

•Symptoms include fever, weakness, muscle pain, headache and sore throat. This is followed by vomiting, diarrhoea, rash, and in some cases, bleeding.

You are advised:

to monitor your state of health for 21 days.

If during this period you should become ill with fever, weakness, muscle pain, headache and sore throat, vomiting, diarrhoea, rash), please consult a physician by phone, informing him/her about your recent travel.

**For further information please contact the local
Health Department (Local Health Unit)**



Ministero della Salute

Direzione Generale della Prevenzione

EBOLA VIRUS DISEASE (EVD)

Travel advice for travellers to West Africa affected Countries (Guinea, Liberia, Nigeria, Sierra Leone)

Infection is highly transmissible:

- **by contact with blood or body fluids of an infected person or an animal infected or by contact with contaminated objects**
- **By contacts with objects contaminated by body fluids of ill persons or animals**
- **Airborne transmission has not been documented**

AT YOUR ARRIVAL IN THESE COUNTRIES

In any case respect the recommendations of the Local Authorities and:

- **Practice careful hygiene.**
- **Avoid all contacts with blood and body fluids of infected people or animals.**
- **Do not handle items that may have come in contact with an infected person's blood or body fluids.**
- **Avoid any contacts with wild animals**

If you stayed in the areas where Ebola cases have been recently reported **seek medical attention if you feel sick** (fever, headache, achiness, sore throat, diarrhoea, vomiting, stomach pain, rash, or red eyes)

***For any need please contact
your Embassy or your Consulate***

WHEN YOU COME BACK TO ITALY

***If in the 21 days from your return you show symptoms, as:
fever, headache, achiness, sore throat, diarrhoea, vomiting, stomach
pain, rash, or red eyes***

***on a precaution basis
seek the advice of your physician informing
him/her about your recent travel to the
Countries of West Africa***

Italian Ministry of Health: www.salute.gov.it